

## VOLLEYBALL RULES

- GAMES WILL START ON TIME SO BE READY AT GAME TIME
- COED REC WILL BE TEAMS OF 6, 3 WOMEN 3 MEN
- WOMEN CAN ALWAYS OUTNUMBER THE MEN. MEN CAN NEVER OUT NUMBER THE WOMEN
- LEAGUE & TOURNAMENT YOU CAN NEVER HAVE MORE MEN THAN WOMEN, NOT EVEN IF THE OTHER TEAM AGREES
- COED REC CAN PLAY WITH 4 OR 5. 2 MEN & 2 WOMEN OR 3 WOMEN & 2 MEN
- COED COMPETITIVE MUST HAVE 2 WOMEN ON THE COURT. THEY CAN PLAY WITH 4- 2 MEN & 2 WOMEN, THEY CANNOT PLAY WITH 3 MEN & 2 WOMEN IN LEAGUE OR TOURNAMENT
- GAMES ARE TO 21 WIN BY 2
- SWITCH SIDES AFTER EACH GAME
- BEST 2 OF 3, 3<sup>RD</sup> GAME YOU PLAY NO MATTER WHAT.
- 45 MINUTE TIME LIMIT GAMES
- 3<sup>RD</sup> GAME SWITCH SIDES AT 8 POINTS WHEN A TEAM REACHES
- BOUNDARY LINE IS IN IF BALL HITS IT
- OUTSIDE OF ANTENAS ARE OUT
- NO SPIKING DOWN IN LOWER REC
- CANNOT SPIKE THE SERVE
- 3 HITS ON YOUR SIDE
- IF BALL HITS TOP NET ABOVE ON YOUR SIDE IT DOES NOT COUNT AS A HIT, PLAY ON
- IF YOU HIT TOP OF THE NET ABOVE ON OPPONENTS SIDE THEN YOU LOSE A POINT
- OFF THE BACK FENCE DOES COUNT AS A HIT BUT PLAY ON
- LOWER & UPPER REC- BACK ROW CANNOT COME UP AND SPIKE
- LOWER & UPPER REC MUST ALTERNATE MAN & WOMAN IN LINE UP
- NO BLOCKING A SERVE
- NO CONTACT WITH NET AT ALL- IT WILL AUTOMATICALLY BE A POINT FOR THE OTHER TEAM
- COMPETITIVE ALSO CANNOT COME UP FROM BACK ROW AND SPIKE
- DO NOT DISRESPECT OR YELL AT THE REF'S THERE IS ZERO TOLERANCE
- DO NOT BRING IN ANY OUTSIDE DRINKS, YOU WILL BE ASKED TO LEAVE